



www.coachcorrea.com

5 UNCOMMON TENNIS STRATEGIES:

Coach Joseph Correa

5 UNCOMMON TENNIS STRATEGIES

Having the right strategy in tennis can make all the difference when it comes to winning or losing. Try these strategies and win more.

Uncommon Tennis strategies

1. **Hit a topspin ball and come into the net:** If you have a good net game and can take high balls in the air with a volley, overhead, or swinging volley you can decide to hit high, deep balls with topspin and come into the net. This will push your opponent back and set you up for a good opportunity to come into the net. The key benefits of this strategy are that most people won't hit a winner off a high ball and especially if it's their weaker side.
2. **Drop shot and rush the net:** When you are able to hit a good drop shot and you see that your opponent is going to make contact below the height of the net, you can come into the net and volley to the open court knowing they are not going to hit the ball hard and that they have limited options.
3. **Hit a sharp angle and rush the net:** Start by hitting an angled shot with topspin or slice and see if your opponent simply floats the ball back to you and doesn't hit an aggressive shot. If they're not attacking the angled shot you hit, you can sneak into the net and volley to the open court after you have hit the angled shot. This will force your opponent to go for more next time they are pulled out wide which will cause them to make more errors.
4. **Constant change-ups:** A strategy that some tennis professionals use successfully is constantly changing the rhythm of the point depending on what they see their opponent has most trouble with. You can hit a high topspin shot followed by a short topspin shot and then a slice. You can mix the sequence up so that your opponent is never hitting at the same height or spot on the court. You can also choose to change the speed of the ball from medium speed, then to soft, and then to very hard which will affect the placement of the ball on the court and your opponent's point of contact. This is what's known as constantly mixing up your shots.
5. **Changing the match tempo:** During your match you can choose to walk slow and bounce the ball more than 10 times before serving to slow the tempo of the match and if that's not working do the opposite by serving fast and only bouncing the ball one or two times, or walking fast to the next point and not stopping at change-overs. This can throw off opponents who prefer a certain tempo.